



## N.E.S.® Client Case Study.

Craig Hitchens Therapies® NES® case studies are done by collecting data during the application of NES® Quantum Bioenergetic therapy. My aim is to show the effectiveness of NES quantum bioenergetic therapy.



# Information on Client Studied & Practitioner Undertaking the Case Study

## ***Client Information***

<b>Sex</b>	Male
<b>Age</b>	40
<b>Occupation</b>	Labourer
<b>Marital Status</b>	Married
<b>Condition Experienced</b>	Grade 1 medial and co-lateral lateral ligament strains with localized muscle strains. Some swelling, stiffness, and pain.

## ***Craig Hitchens Therapies Information***

<b>Company Name</b>	Craig Hitchens Therapies®
<b>Address</b>	74 Resort Drive
<b>City, State, Post Code</b>	Dunsborough, 6281, W.A. Australia
<b>Phone number</b>	0421213898
<b>Web site address</b>	<a href="http://www.craighitchenstherapies.com">http://www.craighitchenstherapies.com</a>
<b>Industry</b>	Natural Health Care – Quantum Naturopathy
<b>Number of employees</b>	1
<b>Contact name</b>	Craig Hitchens – Dips; H.Sc. Med.H. Adv.Couns. Reflex. R.Massage. S.H. (Meditation) TFTP. NESCP – (B-0083)
<b>Title</b>	Natural Health Specialist – Quantum Naturopathy
<b>Phone number</b>	0421213898
<b>E-mail address</b>	<a href="mailto:craig@craighitchenstherapies.com">craig@craighitchenstherapies.com</a>

# Case Study for 40 Year Old Male with Soft Tissue Damage Using NES “Rejuv” Preparation.

## **Pre-Study Health Symptoms & Brief Client Health History**

The client fell and mildly hyper-extended to the medial side of the right knee causing a grade 1 medial collateral ligament and lateral collateral ligament strain. Client has a history of issue with this knee in the past including a hyper-extension that resulted in Arthroscopic surgery to remove torn meniscus cartilage. No ligament tears were found but some stretching of the ligament occurred at the time. Rehabilitation was conducted using strength training and range of movement exercises. Client resumed normal activity after 8-12 weeks. This was over 8 years ago. No problems since until recent mishap. Client is in otherwise great health, very fit and leads a healthy lifestyle.

## **Brief Background on Condition Suffered**

Hyper-extension sees the knee joint rotating or extending past the intended range of movement. This, in severe cases such as a grade 3 tear or strain, can cause a popping sound and sensation where the ligaments are torn and require surgery to reconstruct. In mild cases like this one, there is a stretching or straining that result in inflammation, swelling and some loss of movement. Ligaments generally recover slowly due to low blood supply. The injury was assessed by a Physiotherapist.

## **Brief Background on Treatment Method – N.E.S. ®**

### ***What it Is***

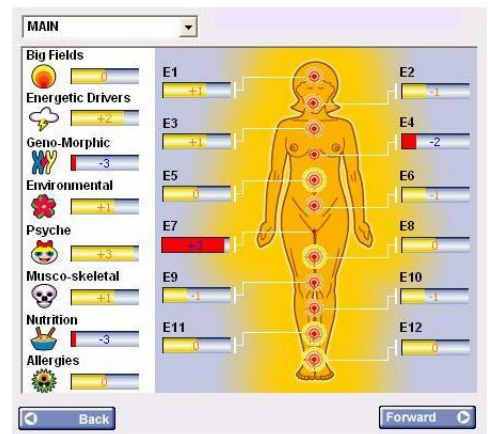
The NutriEnergetics System® is the first and only instrument capable of accurately describing a full range of information about the location and causes of ill health. It quickly allows the practitioner to get to the root causes of illness and will often find factors that even the most sophisticated and expensive laboratory and imaging tests cannot detect. All this is done rapidly and non-invasively. Additionally, it gives precise information about the specific infoceuticals needed to repair the body’s bioenergy field at the quantum level, bringing the body back towards optimal functioning, healing and well-being. It is a uniquely profound and effective system.

### ***Background***

In fact, the NES® is a revolutionary approach to health, the culmination of twenty-five years of work into how matter is actually structured in the body—the quantum electrodynamic field (QED). Developed by Peter Fraser, Harry Massey and a team of experts, the science behind NES® integrates research in the fields of physics, biophotonism, quantum biology, resonance phenomena, advanced mathematics, information technology, Western and Chinese medicine, homeopathy and nutrition. The result is the first accurate map of the human body-field. This discovery is as important as the recent mapping of the human genome or genetic structure. Because of its unique nature, this proprietary information has yet to be published in scientific journals.

## ***The Human Bioenergy Field***

While mainstream medicine focuses on chemistry as the basis of health and disease, natural medicine takes a less materialistic approach, understanding the human being as the interaction of many levels of subtle energy, pattern and meaning. Rather than a biochemical model of the body, natural therapies like homeopathy and acupuncture rely on a physics-based model of how the human organism works. Both tradition and science confirm that the body is pervaded by a quantum electrodynamic field. This human bioenergy field has a magnetic-vector structure that directs subatomic particles to their correct function in the body and controls all information transfer or communication between cells and organs. The bioenergetic field is the body's master control system, ultimately determining our chemistry, metabolism and cell structure. If the body's field pattern and cellular instructions are wrong, ill health will result.



## ***How the NES@ Works***

For the first time in the history of science, the optimal map of the human biofield has been discovered and replicated within the vectors of computer software. The NES@ instrument consists of a base unit and computer. The base unit acts as a receiver, a pathway for electrons and photons to carry information between the energy-field of the person and the bioenergy map stored in the computer. The NES@ compares and detects differences between the optimal, ideal map of the body-field and the person's energy-field structure, using a graphic interface. As a quantum device, it does not actually test for specific toxins, parasites, viruses, etc. Rather, it looks for whether these factors have caused body-field damage, and the specific information-based remedies that will correct this disruption. These highly effective substances provide the quantum instructions needed to correct specific field imbalances.

## ***NutriEnergetics Infoceuticals®***

The NutriEnergetics Infoceuticals® are designed to repair the human body-field at the molecular and cellular level. They are prepared using the latest advances in field dynamics by imprinting a base of organic colloidal minerals with magnetic information corresponding to specific aspects of the ideal body-field. This information acts as a kind of signpost for the subatomic particles in the bioenergy field. By providing these core directions, any deviation away from the optimal map is brought back to normal. As the subatomic particles realign themselves, the energy field and physical body regain balance. One's self-healing capacity becomes active and enlivened again.

## ***The Roadmap of Health***

An important innovation of NES@ analysis is the ability to determine the order in which the body is able to change and heal. In reality, the organism can only correct its problems in a very specific sequence, and this is why using supplements, and various natural remedies and therapies is often unsuccessful. For example, heavy metals and silent viral infections are two of the most common causes of chronic ill health. Yet before they can be eliminated, there must be improvements in the nervous and immune systems, intercellular communication and the body's capacity to detoxify. It can take several months before the organism can be directed to eradicate these damaging toxins. The NES@ system provides the roadmap of how the body and mind can be brought back to an optimal state.

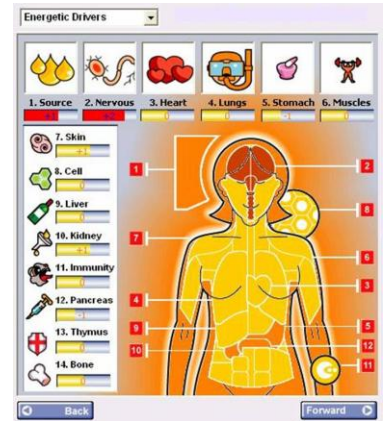
## ***The NES@ Analysis***

The NES® detects a wide range of reliable and consistent information about one's current state of health. Future testing shows all changes, improvements or alterations that have taken place since the previous test. The broad categories of factors analyzed by NES are outlined below:

## **LOCATIONS**

**Energetic Integrators:** The body's twelve interlocking fields (which include traditional acupuncture meridians) activate DNA and coordinate all body processes. Their integrity, strength and impact on health are determined.

**Energetic Drivers:** The relative over or under functioning of organs is displayed, including the nervous system, immune system, heart, lungs, liver, kidney, etc. (These are termed Energetic Drivers within the NES system).



## **FUNCTION & METABOLISM**

**The metabolic factors affecting health including the following:**

**Allergies & food intolerances:** Wheat, dairy and other sensitivities, and the root causes behind them.

**Metabolism:** base rate, Ph, carbohydrate, protein, glucose, and sugar metabolism, enzyme function, etc.

**Nutrition:** vitamins, minerals and fat metabolism imbalances, malabsorption patterns and their causes

**Oxygenation:** factors affecting a lack of oxygenation of the tissues (iron, B12, stomach strength, etc.)

**Brain function:** Visual & auditory functions, memory, hyperactivity, sleep function, mental development.

## **CAUSES**

**Etiological factors that can be discovered include the following range of negative influences:**

**Big Field influences:** Geopathic stress on the body due to gravity, ionic and magnetic fields.

**Genetic influences:** genetic traits and weaknesses that contribute to the current condition.

**Environmental toxins:** heavy metals, pollutants, solvents and chemicals that damage the energy field.

**Organisms:** bacterial, viral terrains, information as to why the immune system is not responding.

**Electromagnetic:** effects of ELF, computer and cell phone radiation, microwave, radio waves, etc.

**Emotional states:** an inventory of the key emotional toxins creating disruption and ill health.

**Nutritional deficiencies:** key nutrients that are depleted, including antioxidants and enzymes.

As you can see we are using a very advanced and in depth system and piece of equipment here that reveals more than many others therefore our depth of information acted upon is broad and provides us with a very different look at the whole being. Further information on the NES® system can be seen here <http://www.nutrienergetics.com> .

## Case Study Progression

After the initial 48 hours of ice applications to reduce inflammation, Rejuv was applied according to recommended dosage and application. When applied to the area, it was placed onto cotton wool and wrapped with a bandage. No other form of therapy was used other than soaking in a warm Epsom salts bath for 20mins 3 times per week and exercises recommended by a physiotherapist. Physiotherapist estimates it will be up to 8 weeks before the client can resume normal activity. Client was seen by me for follow up consultations once weekly.

**Week 1.** – Client is having difficulty walking and bearing weight on the right knee. There is some swelling to the medial and lateral sides of the knee but none evident in the joint itself. I have applied the infoceuticals to the area and wrapped with a bandage and have shown the client how to do this. Client has daily oral dosing schedule and recepies for Epsom salts bath to aid in acidic removal from joints. Daily dosing is at 15 drops orally, 15 drops applied to the area.

**Week 2.** – Client is able to walk freely and is able to bear normal weight on the knee. Swelling is greatly reduced and pain is minimal. Client is now beginning physiotherapy exercises to strengthen the knee again. Rejuv infoceutical dosing remains the same. Epsom salts baths are reduced to 1 per week now.

**Week 3.** – Client is now free of any swelling at all and is experiencing no pain at all. Able to move freely and is able complete exercises easily (leg extensions, hamstring curls, Abductor and adductor extensions laterally, squats, static squats-30-60 second intervals) and is increasing load already. Cautioning was made about pushing too hard too quickly. Client is visibly pleased with progress stating it is much faster than before and that he feels strength returning quickly. Some muscular detox symptoms experienced aches etc but have subsided quickly. Dosing remains the same.

**Week 4.** – Client has returned to normal activity; jogging on the beach, cycling, surfing without any pain or discomfort. Client is continuing with physio exercises and continues to steadily increase load with ease. Reports knee joint feel strong and is very happy. Client has finished all Rejuv drops but I have recommended another 4 weeks' worth to be taken at same dose for follow up to be sure. Client is no longer taking Epsom salts baths and is no longer strapping the knee.

## Scan Results Images

No scan was performed or needed to use the Rejuv preparation as it is a general use infoceutical.

## Infoceutical Remedy Drops Used

# Rejuv - Sport Recovery - Muscle Rejuvenation

This Infoceutical is for short term use to make the recovery from sprains and muscle injuries quicker and less painful. It can be used in conjunction with any other treatment, other than infrared treatment, or X-ray diagnosis. So this one is for skeletal muscle recovery from injury.

It can be applied direct to the site of the injury with a cotton wool ball, as well as taken internally.

Used for:

- Regeneration
- Tissue damage
- Striated muscle
- Shock
- Muscle enzymes
- Muscle tone
- Myalgia
- Muscle strain
- Swelling
- Trauma

**Dosage:**

15 drops on the site and 15 drops in the mouth in water, every two hours until the muscle responds.

Careful with large dosages as the resulting detox of the muscles may be felt. This is a normal cleansing process of the body and may actually assist with recovery.

## **Dosing Schedule**

15 drops of Rejuv applied to cotton wool and wrapped onto the affected area directly by being placed onto cotton wool and wrapped with a bandage along with 15 drops taken orally.

## **Conclusions & Benefits**

First observation was that the client reduced swelling and pain very quickly and was able to become mobile again much faster than expected which allowed for the physiotherapy to work much sooner.

Second observation was how quickly the client was able to regain strength and movement to the knee joint again after injury. This is probably due to the swelling and pain being reduced in the first instance allowing the physio exercises to strengthen the tissues once again as well as the Epsom salts drawing out any acidity and toxicity in the joint that inhibits healing.

The Rejuv preparation appears to significantly speed up recovery so that other therapies, such as physiotherapy, can be applied sooner thus greatly aiding in return to optimum condition. The Rejuv preparation appears to be highly beneficial to anyone suffering from a soft tissue injury.

*\* What needs to be taken into account however is that this cases injury was a lower grade strain and one that would normally recover relatively well however it is normally a time consuming activity. Higher grade strains still stand to benefit from this preparation but recovery time and completion will vary depending upon severity and the need for surgical correction where damage is severe. The clients general state of health and fitness also has a bearing on speed of recovery and a client with a lesser degree of fitness and health may take longer.*